

Second Edition

OWN IT!

4

IT'S YOUR WORLD



CAMBRIDGE

Workbook

WITH DIGITAL PACK

Emma Heyderman, Eoin Higgins
and Philip Wood

Second Edition

OWN IT!

4

 CAMBRIDGE

Workbook

Emma Heyderman
Eoin Higgins and Philip Wood

Contents

Starter Unit	Welcome!	p4
Unit 1	Trendsetters	p8
Unit 2	Changes	p16
Unit 3	Food for thought	p24
Unit 4	Sense and sensitivity	p32
Unit 5	Wonderful world	p40
Unit 6	No limits	p48
Unit 7	Keep calm!	p56
Unit 8	Advertising	p64
Unit 9	Have you heard the news?	p72
	Writing tutor	p80
	Grammar tables	p85

Welcome!

Vocabulary and reading

Travel

1 ★ Match the words with the definitions.

accommodation backpacking
holiday resort sightseeing
tourist attractions trip

- a journey where you visit a place for a short time and then come back again trip
- visiting places that are interesting because they are historical, famous, etc. tourist attractions
- travelling or walking, carrying your things in a bag on your back backpacking
- monuments or places that people on holiday like to visit sightseeing
- a town or place where people go on holiday, very often next to the sea holiday resort
- a place where you live or stay accommodation

2 ★ Complete the sentences so they are true for you. (See the *Learn to learn* tip in the Student's Book, p4.)

- The Colosseum is a famous tourist attraction in my country.
- For our accommodation on our last holiday, we stayed in a hotel.
- Italy is a popular holiday resort in my country.
- The last trip I went on was to Rome.
- In my opinion, going backpacking is a great way to spend your holiday.
- I would like to go sightseeing in the mountains.

Music and theatre

3 ★★ Complete the text. The first letter of each word is given.

I was quite surprised when Ms Bayliss gave me the biggest ¹p part in the school musical. It wasn't easy to learn all my ²l lines but, after several ³r rehearsals, I knew them perfectly. I was nervous on the day of the ⁴s show because all my family were in the ⁵a audience. But everything went well, and after the final ⁶s song, everyone stood up and clapped!

An interview

4 ★ Read the interview. What did Jed do on holiday? Choose the correct photo.



Mia So, where did you go on holiday, Jed?

Jed Italy – it was a fantastic trip!

Mia Did you stay at a holiday resort?

Jed No, it was a hotel. We did a lot of sightseeing. We went to some famous tourist attractions, like the Colosseum in Rome. It was amazing!

Mia So, what was the best part of your trip?

Jed Oh, that was when we saw an opera: *The Barber of Seville* in the Teatro Argentina – it's almost three hundred years old! It's an amazing place – so beautiful!

Mia But wasn't the opera in Italian?

Jed Yes, it was, and most of the audience was Italian, but there were subtitles.

5 ★★ Read the interview again and answer the questions.

1 Where did Jed stay?

2 What did Jed think of the Colosseum?

3 What did Jed do in Rome?

4 Why could Jed understand the opera?

Language in action and vocabulary

Present and past simple and continuous

1 ★★ Write the sentences in the past.

- 1 Dan is reading the paper.
Dan was reading the paper.
- 2 They aren't listening to music.

- 3 Am I making a lot of noise?

- 4 Beth usually plays football on Saturday.

- 5 They don't live in a flat.

- 6 Does Michael eat meat?

2 ★★ Complete the conversation with the verbs in the box in the correct tense.

be do enjoy have help visit

- A How ¹ was your trip to Paris?
- B Great, thanks! I ² _____ it a lot!
- A What ³ _____ (you) _____ there?
- B We ⁴ _____ lots of tourist attractions!
- A You're so lucky! While you ⁵ _____ a great time in Paris, I ⁶ _____ my dad to paint the house!



3 ★★★ Answer the questions with true information.

- 1 What did you do last weekend?

- 2 What were you doing at nine o'clock last night?

- 3 What does your dad do?

- 4 What's your mum probably doing at the moment?

Ways of communicating

4 ★ Circle eight more communication verbs in the word snake.

post shout whisper describes mile translates shake hands greet wave

5 ★★ Complete the table with the verbs from Exercise 4. Some verbs go in both columns.

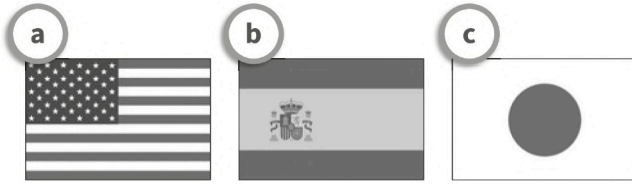
You can use your hands to do this	You can use your mouth to do this
<u>post</u>	5 _____
1 _____	6 _____
2 _____	7 _____
3 _____	8 _____
4 _____	9 _____
	10 _____

6 ★★ Complete the sentences with the verbs from Exercise 4.

- 1 Do you know anyone who can translate from English into Chinese?
- 2 Could you _____ this letter for me?
- 3 Please don't _____! I can hear you!
- 4 How would you _____ your personality?
- 5 When you _____, you feel happier.
- 6 If you don't know the answer when the teacher asks you, I'll _____ it to you very quietly.
- 7 When film stars arrive at the Oscars, they often _____ to the crowd.
- 8 When I have my interview tomorrow, how should I _____ the person who is interviewing me? Should I _____ with them?

Listening and language in action

A conversation

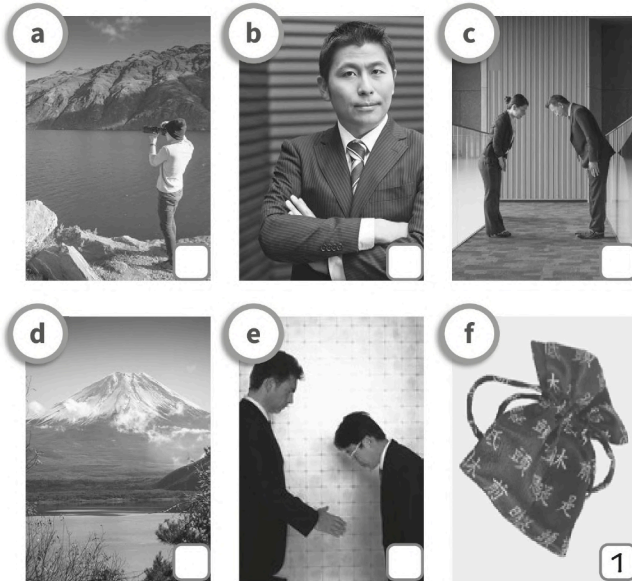


1 ★★ Match the flags (a–c) with the countries (1–3).

1 Spain ____ 2 Japan ____ 3 the USA ____

2 ★ Listen to the conversation. Which of the countries in Exercise 1 does the girl's dad sometimes go to?

3 ★★ Listen again. Put the pictures (a–f) in the order that they are mentioned.



4 ★★★ Answer the questions.

- Which country would you like to visit? Why?

- Would you like to travel a lot for your job? Why?

- Do you think people smile a lot in your country? Give a reason for your answer.

Present perfect and past simple

5 ★ Complete the sentences with the words in the box. There are two extra words.

at ever for from ~~have~~ never 's since

- ____ Have you finished the book?
- We've been here _____ four o'clock.
- Have you _____ been to Japan?
- John's studied French _____ three years.
- I've _____ seen snow before.
- Beth _____ sent me a message.

6 ★★ Circle the correct options.

- Last year I (went) / 've been to London.
- Did you ever climb / Have you ever climbed a mountain?
- My sister liked / 's liked chocolate since she was a baby.
- I didn't do / haven't done my homework. I'm going to start now!
- I phoned / 've phoned you just a minute ago!
- We were / 've been at the shops for three hours now!

7 ★★ Complete the text with the past simple or present perfect form of the verbs in brackets.

1

To: Aidan From: Katie

Hi Aidan,

I ¹ 've been (be) in Rome for almost a week now.

I ² _____ (arrive) last Friday. My Italian

³ _____ (not get) much better, which isn't very surprising, really. I need more time. I ⁴ _____ (do) lots of sightseeing! Yesterday I ⁵ _____ (go) to the Vatican. The museum is incredible!

I ⁶ _____ (eat) some very good food because the lady I'm staying with is a great cook. Last night she

⁷ _____ (make) cannelloni al ragù. Tomorrow, I start at the language school. I ⁸ _____ (not feel) so happy or excited for a long time!

Katie

Review

Language in action

1 Underline and correct one mistake in each sentence.

- Please turn off the TV. You don't watch it.

- Last year we stay in a beautiful holiday resort.

- It was raining at 3 o'clock so we weren't going sightseeing.

- During the show, a man in the audience was starting to shout.

- Are you usually believing everything you read online?

2 Complete the interview with *ever*, *never*, *since* or *for*.

- Interviewer** How long have you been an actor?
- Actor** I've been an actor ¹_____ years!
- Interviewer** Wow! And have you ²_____ done a different job?
- Actor** I once worked at a holiday resort.
- Interviewer** Really! Have you been in this play ³_____ it began?
- Actor** No, I've only been in this play ⁴_____ a week.
- Interviewer** And have you ⁵_____ forgotten your lines?
- Actor** No! I've ⁶_____ forgotten my lines, but I've forgotten to come on stage for a scene.
- Interviewer** Oh no! What happened?
- Actor** The stage manager told me to get on stage!

3 Complete the blog post with the correct present perfect or past simple form of the verbs in the box.

arrive be go (x3) not realise not watch see

Barcelona – an incredible city!

We ¹_____ here three days ago and there is so much to see. I ²_____ that Barcelona was so beautiful. We ³_____ on a sightseeing tour yesterday – the guide ⁴_____ amazing. We ⁵_____ so many amazing things since we arrived but sadly, we ⁶_____ a football match in the stadium! Perhaps another time? I don't think I ⁷_____ ever _____ to such an incredible place. ⁸_____ you ever _____ there?

Vocabulary

4 Write the travel words.



5 _____ 6 _____

5 Match the sentence beginnings (1-6) with the endings (a-f).

- It's polite in some countries to shake ☐
 - I whispered the answer because ☐
 - Please don't shout in here ☐
 - My brother waved ☐
 - Our coach is smiling because ☐
 - Don't forget to greet the audience ☐
- a before you begin your presentation.
b hands with people you don't know.
c I didn't want the others to hear.
d to us before his band started playing.
e we played very well.
f your little sister is asleep.



1

Trendsetters

Vocabulary

Describing clothes and shoes

1 ★ **Circle** the correct adjectives to describe the clothes.

1



a cotton /
denim skirt

2



a tight / baggy
jumper

3



a plain /
checked shirt

4



flat / high-heeled
shoes

5



a striped /
flowery T-shirt

6



a long-sleeved /
spotted dress

2 ★★ **Complete the conversations with the words in the box.**
There are two extra words.

cotton checked denim flat flowery
high-heeled long-sleeved tight

- 1 A Are those shorts OK?
B No, I need a bigger size. They're very tight!
- 2 A Do you want a plain or a checked T-shirt?
B No, I want something really different! That _____ one is nice!
- 3 A What do you usually wear in the summer?
B Cool clothes made of _____!
- 4 A Do you like my new black and white _____ shirt?
B Not really! It looks like a chess board!
- 5 A Are you going to pack some jeans for your trip to Córdoba?
B Are you joking? It's 40°C there at the moment! I don't want to wear anything made of _____!
- 6 A How often do you wear _____ shoes?
B Not often. Only when I go to a party or formal dinner.

3 ★ **Circle** the odd word out. Use the categories in brackets to help you. (See the *Learn to learn* tip in the Student's book, p11.)

- 1 baggy **flat** tight (size)
- 2 checked striped cotton (pattern)
- 3 denim flowery cotton (material)
- 4 high-heeled spotted flat (shape)
- 5 long-sleeved plain checked (pattern)

4 ★★ **Write the words in the correct order.**

- 1 a / checked / red and green / shirt
a red and green checked shirt
- 2 a / skirt / denim / plain

- 3 trousers / cotton / tight / white

- 4 jacket / denim / red / baggy / a

- 5 striped / brown and blue / T-shirt / a / tight / cotton

- 6 brown and white / shoes / leather / spotted / flat

5 ★★★ **Write four sentences about clothes that you like / don't like to wear. Use the adjectives in Exercise 1.**

Explore it!

Guess the correct answer. In what decade did miniskirts become popular?
a the 1950s b the 1960s c the 1970s

Find out about popular fashion in a past decade. Then send a question in an email to a classmate or ask them in the next class.

Reading

A blog post

1 ★ Look at the text quickly and circle the correct answers.

- 1 The text is a *newspaper article* / *blog post*.
- 2 It's about *how often to wash jeans* / *what jeans to buy*.

2 ★★ Read the blog post. Check the meaning of the words in the box in a dictionary. Then complete the sentences.

brand claim harm ~~reckon~~ research turn out

- 1 I reckon that you paid too much for that belt.
- 2 Don't wash that shirt in very hot water. It will definitely _____ the material!
- 3 I'm going to do some _____ before I buy a new phone.
- 4 I like these jeans, but I don't know this _____. Is it good?
- 5 Some people _____ that shopping online is 100% safe, but I'm not so sure.
- 6 I'm making a dress, but I have a feeling that it's not going to _____ well.

3 ★★ Are the sentences *T* (true) or *F* (false)? Correct the false sentences.

- 1 In the writer's opinion, the question of how often to wash jeans is very important.
F It's not the most important topic in the world.
- 2 The writer agrees with her friend about how often to wash jeans.

- 3 In the writer's opinion, an important person in the clothes industry has a strange idea.

- 4 Freezing jeans is a good way to clean them.

- 5 It's best not to wash your jeans too often.

- 6 The experts make a good recommendation.

4 ★★★ Do you think the information in the blog post is useful and interesting? Why / Why not?

× —

London calling!

Blog

Shop

About me

Contact me

To wash or not to wash jeans? That is the question!

I haven't written a post recently because I've been doing exams all week! Have you missed me? Today, I want to talk about a very important subject: how often to wash denim jeans! OK, maybe it's not the most important topic in the world, but people have very different ideas about it. One of my friends even reckons that you should never wash jeans because it harms them. I don't know about that! Imagine wearing a pair of tight jeans that you haven't washed for over a year! So, anyway, I decided to do some research online about how often you should actually wash jeans. One thing I read really surprised me: the head of a company that makes a very well-known brand of jeans says that he hardly ever washes his. He just puts them in the freezer. He claims that this keeps them clean! Speaking personally, I wouldn't want to put my jeans next to a packet of frozen peas! And it turns out that the 'freezer theory' isn't



correct. After you wear your jeans just once, they're covered in bacteria, skin cells and the natural oils from your body. And freezing them won't eliminate these things. According to the experts, there is one good reason for not washing your jeans very often: they get a little baggier every time you wash them. And most of us don't want to wear baggy jeans! Experts actually say there's no specific recommended frequency for washing jeans – but you should definitely wash them when they start to smell! That sounds like good advice to me!

Language in action

Present perfect simple and present perfect continuous

1 ★★ Match the beginnings of the sentences (1–6) with the ends (a–f).

- | | |
|---------------------------------|---------------------------------------|
| 1 I've done | ☒ b |
| 2 Jack's been playing football | ☐ |
| 3 Have they had | ☐ |
| 4 You've been wearing | ☐ |
| 5 Bethany hasn't been going | ☐ |
| 6 Has your dad finished working | ☐ |

- a that jumper all week!
b all my homework.
c in his study?
d for three hours!
e lunch yet?
f to the gym recently.

2 ★★ Complete the sentences with the verbs in brackets. Use the present perfect simple (PPS) or present perfect continuous (PPC).

- We haven't made (not make) lunch yet. (PPS)
- I _____ (do) a lot of clothes shopping recently. (PPC)
- Ana _____ (visit) a fashion show. (PPC)
- _____ (they / finish) the game? (PPS)
- Clara _____ (not speak) to me all day. (PPC)
- My aunt _____ (have) lots of different jobs. (PPS)

3 ★★ Circle the correct options.

- I've felt / been feeling very tired recently.
- John hasn't answered / been answering my last email.
- Rachel isn't here. Has she gone / been going shopping?
- Our neighbours have made / been making a lot of noise.
- Why have you bought / you been buying three baggy jumpers?
- Did you revise / Have you been revising for your exams all week?

4 ★★ Write sentences in the present perfect simple or continuous.

- what / you do / recently?
What have you been doing recently?
- finally / I / finish / my school project!

- Nick / wear / the same clothes / all week!

- you / ever / be / to France?

- I / try / to contact you / all day!

- Jan / not decide / what to do

5 ★★ Complete the messages with the correct form of the verbs in the box.

find go shopping ~~look for~~ not buy try on wait

You ¹ve been looking for a dress for the party for a long time! ²_____ (you) anything yet? Maxine

No! And I ³_____ for hours! I ⁴_____ six different dresses, but I ⁵_____ anything yet! Sarah

Well, I ⁶_____ for you in the café for too long! I'm going! Maxine

6 Write a sentence about things that you have/haven't done before and a sentence about things that you have/haven't been doing recently.

I've never been to London.
I've been playing a lot of video games recently.

